

## Section 4.3

# Determining Statistical Significance

# Formal Decisions

- If the p-value is small:
  - **REJECT  $H_0$**
  - the sample would be extreme if  $H_0$  were true
  - the results are statistically significant
  - we have evidence for  $H_a$
- If the p-value is not small:
  - **DO NOT REJECT  $H_0$**
  - the sample would not be too extreme if  $H_0$  were true
  - the results are not statistically significant
  - the test is inconclusive; either  $H_0$  or  $H_a$  may be true

# Formal Decisions

A formal hypothesis test has only two possible conclusions:

1. The p-value is **small**: reject the null hypothesis in favor of the alternative
2. The p-value is not **small**: do not reject the null hypothesis

*How small?*

# Significance Level

- The *significance level*,  $\alpha$ , is the threshold below which the p-value is deemed small enough to reject the null hypothesis

$p\text{-value} < \alpha \quad \Rightarrow \quad \text{Reject } H_0$

$p\text{-value} \geq \alpha \quad \Rightarrow \quad \text{Do not Reject } H_0$

# Significance Level

- If the p-value is less than  $\alpha$ , the results are *statistically significant*, and we reject the null hypothesis in favor of the alternative
- If the p-value is not less than  $\alpha$ , the results are not statistically significant, and our test is inconclusive
- Often  $\alpha = 0.05$  by default, unless otherwise specified

# Elephant Example

$H_0$  :  $X$  is an elephant

$H_a$  :  $X$  is not an elephant

Would you conclude, if you get the following data?



- $X$  walks on two legs

*Although we can never be certain!*

*Reject  $H_0$ ; evidence that  $X$  is not an elephant*

- $X$  has four legs

*Do not reject  $H_0$ ; we do not have sufficient evidence to determine whether  $X$  is an elephant*

# Never Accept $H_0$

- “Do not reject  $H_0$ ” is not the same as “accept  $H_0$ ”!
- Lack of evidence against  $H_0$  is NOT the same as evidence for  $H_0$ !

*“For the logical fallacy of believing that a hypothesis has been proved to be true, merely because it is not contradicted by the available facts, has no more right to insinuate itself in statistical than in other kinds of scientific reasoning...”*

-Sir R. A. Fisher



# Red Wine and Weight Loss

- Resveratrol, an ingredient in red wine and grapes, has been shown to promote weight loss in rodents, and has recently been investigated in primates (specifically, the Grey Mouse Lemur).
- A sample of lemurs had various measurements taken before and after receiving resveratrol supplementation for 4 weeks



BioMed Central (2010, June 22). "Lemurs lose weight with 'life-extending' supplement resveratrol. Science Daily.



# Red Wine and Weight Loss

- In the test to see if mean resting metabolic rate is higher after treatment, the p-value is 0.013.
- Using  $\alpha = 0.05$ ,
  - 1) Is this difference statistically significant?
  - 2) Give a formal generic conclusion about  $H_0$
  - 3) Give a conclusion in context

*The p-value is lower than  $\alpha = 0.05$ , so the results are statistically significant and we reject  $H_0$ .*

*There is evidence that mean resting metabolic rate is higher after receiving resveratrol.*

# Red Wine and Weight Loss

- In the test to see if the mean body mass is lower after treatment, the p-value is 0.007.
- Using  $\alpha = 0.05$ ,
  - 1) Is this difference statistically significant?
  - 2) Give a formal generic conclusion about  $H_0$
  - 3) Give a conclusion in context

*The p-value is lower than  $\alpha = 0.05$ , so the results are statistically significant and we reject  $H_0$ .*

*There is evidence that mean body mass is lower after receiving resveratrol.*

# Red Wine and Weight Loss

- In the test to see if locomotor activity changes after treatment, the p-value is 0.980.
- Using  $\alpha = 0.05$ ,
  - 1) Is this difference statistically significant?
  - 2) Give a formal generic conclusion about  $H_0$
  - 3) Give a conclusion in context

*The p-value is not lower than  $\alpha = 0.05$ , so the results are not statistically significant and we do not reject  $H_0$ .*

*The data does not provide sufficient evidence to conclude that locomotor activity changes after treatment.*

# Red Wine and Weight Loss

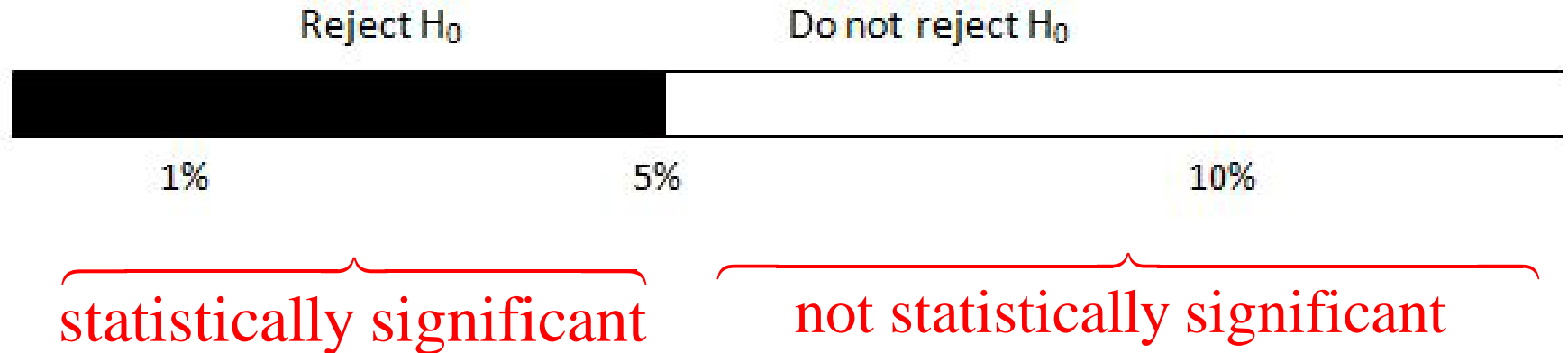
- In the test to see if the mean food intake changes after treatment, the p-value is 0.035.
- Using  $\alpha = 0.05$ ,
  - 1) Is this difference statistically significant?
  - 2) Give a formal generic conclusion about  $H_0$
  - 3) Give a conclusion in context

*The p-value is lower than  $\alpha = 0.05$ , so the results are statistically significant and we reject  $H_0$ .*

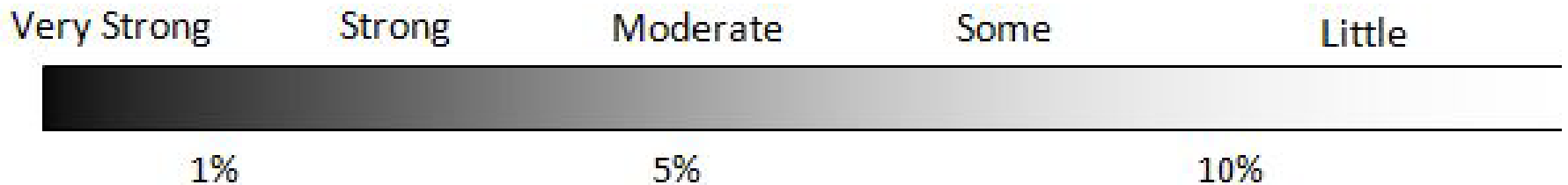
*There is evidence that mean food intake is different for mice who after resveratrol.*

# Statistical Conclusions

Formal decision of hypothesis test, based on  $\alpha = 0.05$  :



Informal strength of evidence against  $H_0$ :



# Multiple Sclerosis and Sunlight

- It is believed that sunlight offers some protection against multiple sclerosis, but the reason is unknown
- Researchers randomly assigned mice to one of:
  - Control (nothing)
  - Vitamin D Supplements
  - UV Light
- All mice were injected with proteins known to induce a mouse form of MS, and they observed which mice got MS

Seppa, Nathan. "Sunlight may cut MS risk by itself", *Science News*, April 24, 2010 pg 9, reporting on a study appearing March 22, 2010 in the *Proceedings of the National Academy of Science*.





# Multiple Sclerosis and Sunlight

- For each situation below, write down
  - *Null and alternative hypotheses*
  - *Informal description of the strength of evidence against  $H_0$*
  - *Formal decision about  $H_0$ , using  $\alpha = 0.05$*
  - *Conclusion in the context of the question*
- In testing whether UV light provides protection against MS (UV light vs control group), the p-value is 0.002.
- In testing whether Vitamin D provides protection against MS (Vitamin D vs control group), the p-value is 0.47.



# Multiple Sclerosis and Sunlight

- In testing whether UV light provides protection against MS (UV light vs control group), the p-value is 0.002.
- $H_0: p_{UV} - p_C = 0$   
 $H_a: p_{UV} - p_C < 0$
- We have strong evidence against  $H_0$
- Reject  $H_0$
- We have strong evidence that UV light provides protection against MS, at least in mice.







# Multiple Sclerosis and Sunlight

- In testing whether Vitamin D provides protection against MS (Vitamin D vs control group), the p-value is 0.47.
- $H_0: p_D - p_C = 0$   
 $H_a: p_D - p_C < 0$
- We have little evidence against  $H_0$
- Do not reject  $H_0$
- We cannot conclude anything about Vitamin D and MS.

# Errors

There are four possibilities:

## Decision

	Reject $H_0$	Do not reject $H_0$
Truth $H_0$ true	<b>TYPE I ERROR</b>	
$H_0$ false		<b>TYPE II ERROR</b>

- A Type I Error is rejecting a true null
- A Type II Error is not rejecting a false null

# Red Wine and Weight Loss

- In the test to see if resveratrol is associated with food intake, the p-value is 0.035.
  - If resveratrol *is not* associated with food intake, a ***Type I Error*** would have been made
- In the test to see if resveratrol is associated with locomotor activity, the p-value is 0.980.
  - If resveratrol *is* associated with locomotor activity, a ***Type II Error*** would have been made

# Analogy to Law

$H_0$

$H_a$

A person is **innocent** until proven **guilty**.

**Evidence** must be beyond the **shadow of a doubt**.

p-value  
from data

$\alpha$

Types of mistakes in a verdict?

**Convict an innocent**

Type I error

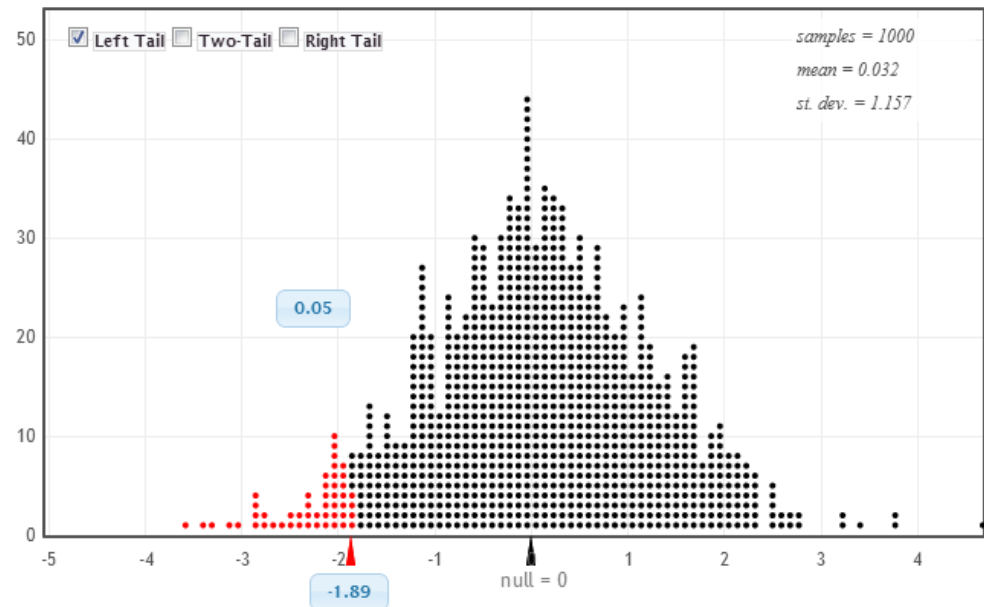
**Release a guilty**

Type II error

# Probability of Type I Error

- The probability of making a Type I error (rejecting a true null) is the significance level,  $\alpha$
- Randomization distribution, distribution of sample statistics if  $H_0$  is true:

If  $H_0$  is true and  $\alpha = 0.05$ , then 5% of statistics will be in tail (red), so 5% of the statistics will give p-values less than 0.05, so 5% of statistics will lead to rejecting  $H_0$

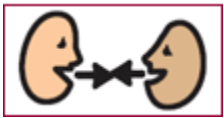


# Probability of Type II Error

- The probability of making a Type II Error (not rejecting a false null) depends on
  - Effect size (how far the truth is from the null)
  - Sample size
  - Variability
  - Significance level

# Choosing $\alpha$

- By default, usually  $\alpha = 0.05$
- If a Type I error (rejecting a true null) is much worse than a Type II error, we may choose a smaller  $\alpha$ , like  $\alpha = 0.01$
- If a Type II error (not rejecting a false null) is much worse than a Type I error, we may choose a larger  $\alpha$ , like  $\alpha = 0.10$



# Significance Level

Come up with a hypothesis testing situation in which you may want to...

- Use a smaller significance level, like  $\alpha = 0.01$
- Use a larger significance level, like  $\alpha = 0.10$



# Summary

- Results are statistically significant if the p-value is less than the significance level,  $\alpha$
- In making formal decisions, reject  $H_0$  if the p-value is less than  $\alpha$ , otherwise do not reject  $H_0$
- Not rejecting  $H_0$  is NOT the same as accepting  $H_0$
- There are two types of errors: rejecting a true null (Type I) and not rejecting a false null (Type II)