### Controlled Substances - Uses & Effects

<table>
<thead>
<tr>
<th>Classification</th>
<th>Drug Name</th>
<th>Common or Brand</th>
<th>Potency</th>
<th>Acute Effects</th>
<th>Health Risks and Effects of Long-term Use</th>
<th>Overdose Effects</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ALCOHOL</strong></td>
<td>Ethanol</td>
<td>Beer, Wine, Distilled Liquor</td>
<td>High</td>
<td>High</td>
<td>Lowered Inhibitions</td>
<td>Hypertension, Liver Damage, Cardiovascular Disease, Toxic Psychosis, Neurologic Damage, Addiction with Severe Withdrawal</td>
</tr>
<tr>
<td><strong>NARCOTICS</strong></td>
<td>Opium</td>
<td>Parergoric, Dover S Power</td>
<td>High</td>
<td>High</td>
<td>Euphoria, Drowsiness</td>
<td>Loss of Appetite, Constipation, Risk of AIDS &amp; Hepatitis from I.V. Drug Use</td>
</tr>
<tr>
<td></td>
<td>Morphine</td>
<td>Morphine</td>
<td>High</td>
<td>High</td>
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</tr>
<tr>
<td></td>
<td>Codeine</td>
<td>Tylendol W/Codeine, Robitussin</td>
<td>High</td>
<td>High</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Heroin</td>
<td>Heroin</td>
<td>High</td>
<td>High</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Meperidine</td>
<td>Demerol, Pethadon</td>
<td>High</td>
<td>High</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Other</td>
<td>Diazolid, Lenti, Percodan</td>
<td>High</td>
<td>High</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DEPRESSANTS</strong></td>
<td>Chloral Hydrate</td>
<td>Serax, Xanax, Rohypnol, Dalmane, Dormate, Placidyl, Valmid</td>
<td>Moderate</td>
<td>Moderate</td>
<td>Surred Speech, Disorientation</td>
<td>Addiction with Withdrawal, Toxic Psychosis, Weak, Rapid Pulse,hallucinations, Nausea, Seizures, Insomnia, Anxiety, Tremors, Dizziness, Loss of Peripheral Vision</td>
</tr>
<tr>
<td></td>
<td>Barbiturates</td>
<td>Optimil, Parest, Quaalude, Sopor</td>
<td>High</td>
<td>High</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Gamma Hydroybutric Acid</td>
<td>Magic Mushrooms, Shrooms, Angel Dust, Crystal, Cernylan (Veterinary)</td>
<td>Low</td>
<td>High</td>
<td>Feeling of Well-Being, Excitiation, Euphoria</td>
<td>Delusions, Hallucinations (Toxic Psychosis), Possible Organ/Tissue Damage</td>
</tr>
<tr>
<td></td>
<td>Gamma Butyrolactone</td>
<td>Acid, Lyseric Acid, Benzidine, Biphentamine, Desoxy, Dewdine, Preldin, Ritalin, Cyler, Dozen, Pre-Salt, Sanorex, Varonil, Ecstasy, MDMA</td>
<td>Low</td>
<td>High</td>
<td>Increased Blood Pressure, Pulse</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Glutethimide</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Dilated Pupils, Increased Blood Pressure, Pulse, Delusions/Hallucinations, Distorted Perception of Time, Space, and Reality</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ketamine</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Methaqualone</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tranquilizers</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
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</tr>
<tr>
<td><strong>STIMULANTS</strong></td>
<td>Cocaine</td>
<td>Cocaine Hydrochloride</td>
<td>Possible</td>
<td>High</td>
<td>Feeling of Well-Being, Excitiation, Euphoria, Increased Alertness</td>
<td>Delusions, Hallucinations (Toxic Psychosis), Possible Organ/Tissue Damage</td>
</tr>
<tr>
<td></td>
<td>Amphetamine</td>
<td>Benzidine, Biphentamine, Desoxy, Dewdine, Preldin, Ritalin, Cyler, Dozen, Pre-Salt, Sanorex, Varonil, Ecstasy, MDMA</td>
<td>Possible</td>
<td>High</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Phenmetrazine</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Methylenedioxymethamphetamine</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
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<tr>
<td><strong>HALLUCINOGENICS</strong></td>
<td>LSD</td>
<td>Penyle, Penyle Buttons, Mescaline, Magic Mushrooms, Shrooms</td>
<td>Unknown</td>
<td>Low</td>
<td>Dilated Pupils, Increased Blood Pressure, Pulse, Delusions/Hallucinations, Distorted Perception of Time, Space, and Reality</td>
<td>Hallucogens, Especially LSD, may Intensify Existing Psychosis, Possible Violent Behavior</td>
</tr>
<tr>
<td></td>
<td>'Mescaleine'</td>
<td>Penyle, Penyle Buttons, Mescaline, Magic Mushrooms, Shrooms</td>
<td>Unknown</td>
<td>Low</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>'MDA'</td>
<td>Penyle, Penyle Buttons, Mescaline, Magic Mushrooms, Shrooms</td>
<td>Unknown</td>
<td>Low</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>'PCP'</td>
<td>Penyle, Penyle Buttons, Mescaline, Magic Mushrooms, Shrooms</td>
<td>Unknown</td>
<td>Low</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>INHALANTS</strong></td>
<td>Airplane Glue</td>
<td>Active Ingredient: Toluen</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Sturred Speech, Drunken Behavior, Impaired Judgement, Poor Coordination</td>
<td>Hallucinations, Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</td>
</tr>
<tr>
<td></td>
<td>Lighter Fluid</td>
<td>Active Ingredient: Naphathane</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Aerosols</td>
<td>Active Ingredient: Chloroprocain</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Spray Paints</td>
<td>Active Ingredient: Petroleum Distillate</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Thinners</td>
<td>Active Ingredient: Petroleum Distillate</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Gasoline</td>
<td>Active Ingredient: Amyl/Nitrite</td>
<td>Unknown</td>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>CANNABIS</strong></td>
<td>Marijuana</td>
<td>Grass, Pot, Weed, Dope</td>
<td>Low</td>
<td>Low</td>
<td>Tachycardia, Reddened Eyes, Feet, Euphoria, Profound Humor, Altered Time/Space Perception, Short-Term Memory Loss, Increased Appetite</td>
<td>Cardiovascular Damage as with Smoking Tobacco</td>
</tr>
<tr>
<td></td>
<td>'Hashish'</td>
<td>Hash</td>
<td>Low</td>
<td>Low</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>'Hash Oil'</td>
<td>Hash</td>
<td>Low</td>
<td>Low</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>TOBACCO</strong></td>
<td>Nicotine</td>
<td>Tobacco</td>
<td>Moderate</td>
<td>Moderate</td>
<td>Relaxed, Stimulation</td>
<td>Cardiovascular Disease, Respiratory Illness</td>
</tr>
<tr>
<td></td>
<td>Cigarettes</td>
<td>Tobacco</td>
<td>Moderate</td>
<td>Moderate</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cigars</td>
<td>Tobacco</td>
<td>Moderate</td>
<td>Moderate</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

1. Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level
2. Additional risk of harm from toxic impurities in street drugs

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**DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL**
Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

Montgomery College Faculty/Staff Assistance Program (FSAP)
guidanceresources.com
1-844-236-2668
TDD: 800-697-0353

Montgomery College Web ID: MCC
Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services
Behavioral Health – Addiction Services
255 Rockville Pike #145
Rockville, MD 20850
240-777-1770 or 240-777-4710
http://www.montgomerycountymd.gov/

NATIONAL HOTLINES and RESOURCES

American Addiction Centers
888-986-7502
https://americanaddictioncenters.org/rehab-guide/free/

Alcohol Hotline
Information and referral 24 hour
1-800-ALCOHOL (252-6465)
Adcare.com

National Suicide Prevention Lifeline
1-800-273-TALK (8255)
Suicidepreventionlifeline.org

National Treatment Referral
1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA)
301-443-1124
https://www.drugabuse.gov/

National Institute on Alcohol Abuse and Alcoholism (NIAAA)
301-443-3860
www.niaaa.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA)
Treatment Facility Locator
https://dasis3.samhsa.gov
LOCAL RESOURCES

Adventist Behavioral Health
14901 Broschart Rd.
Rockville, MD 20850
301-251-4500

Al-Anon / Alateen
Support group for families of alcoholics
202-635-2023, MD and DC
703-534-4357 Northern VA.
www.al-anon.alateen.org

Another Way Inc.
1363 Holton Lane,
Takoma Park, MD 20912
(301) 434-2622
Addictiontreatmentsystems.com/another-way

Avery House (Group)
14705 Avery Rd.
Rockville, MD 20853
301-762-4651 (Women/children)
301-762-5613 (Intermediate care)
301-279-8828 (Combined care)

Bilingual Counseling Center
11236 Triangle Lane
Wheaton, MD 20902
http://bilingualcounselingcenter.com/
301-942-7821

Crisis Center
1301 Piccard Dr.
Rockville, MD 20850
240-777-4000
Available 24 hours a day, 7 days per week
Montgomerycountymd.gov/home.aspx (search: Crisis)

Counseling Plus Inc.
8561 Fenton St.
Silver Spring, MD 20910
301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services
Family Health Center Psychological Services
6 Montgomery Village Ave. Suite 400
Gaithersburg, MD 20879
http://www.fhcenter.com/
301-963-7222

Hannah’s Aftercare and Rehab
1201 Millgrove Rd.
Silver Spring, MD 20910
1-800-304-2219

Journeys Adult Program
402 Hungerford Dr.
Rockville, MD 20850
301-294-4015

Kolmac Clinic
8561 Fenton Street
Suite 250
Silver Spring, MD 20910
301-589-0255
https://www.kolmac.com/

EveryMind
1000 Twinbrook Parkway
Rockville, MD 20851
301-424-0656
Every-mind.org

Metro Counseling Inc.
15719 Crabbs Branch Way,
Rockville, MD 20855
301-670-6161

Montgomery General Hospital
Addiction and Mental Health Center
18101 Prince Philip Dr.
Olney, MD 20832
www.medstarmontgomery.org
301-774-8800

Montgomery Recovery Services
14636 Rothgeb Dr.
Rockville, MD 20850
www.montgomeryrecovery.com
301-762-5300

Narcotics Anonymous
Group for narcotics abusers
800-317-3222 DC and MD
www.na.org
New Beginnings at Potomac Valley
Nursing and Wellness Center
1235 Potomac Valley Rd.
Rockville, MD  20850
www.potomacvalley.com
301-762-0700

OACES Corp.
416 Hungerford Dr. Suite 209
Rockville, MD 20850
301-762-1383

Prince George’s County
Cheverly Health Center
3003 Hospital Dr.
Cheverly, MD  20785
301-583-5920

SELF-HELP GROUPS

Alcoholics Anonymous
Self-help group for alcoholic and alcohol abusers
202-966-9115 (DC, MD, VA)
www.aa-dc.org

Suburban Hospital Behavioral Health
6001 Montrose Rd.
Rockville, MD  20852
301-896-3100

Adventist Healthcare
11890 Healing Way
Silver Spring, MD 20904
www.adventisthealthcare.com
240-637-4000