

Enrolling in MC Wellness Next Generation

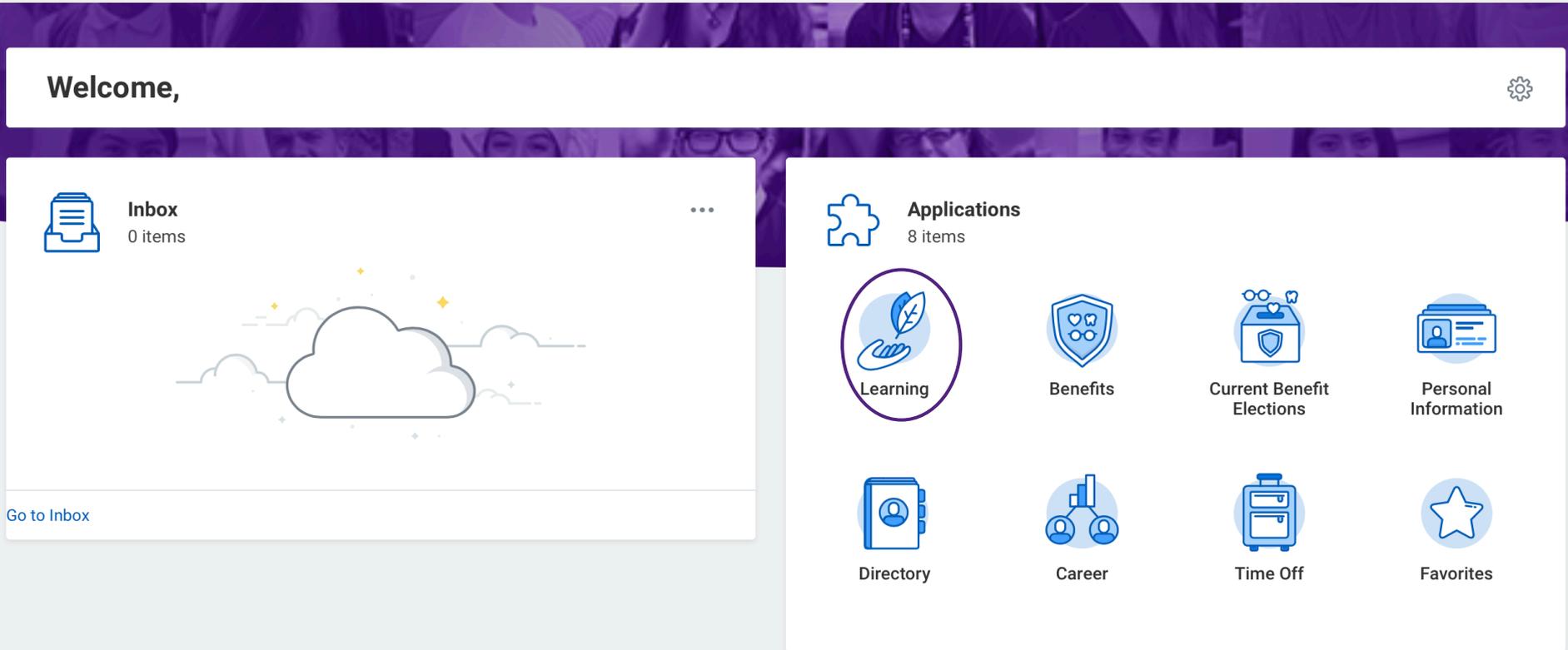
1. Access Workday from home page on MyMC.

Employee Tools



The image shows a screenshot of a web interface. At the top, there is a dark grey horizontal bar with the text "Employee Tools" in white. Below this bar, centered on a white background, is a square button with rounded corners. The button contains the Workday logo, which consists of a blue circle with a white "W" and an orange arc above it, and the word "Workday" in purple text below the circle.

2. From your Workday home page, click the “Benefits” application.



3. On the right side, under learn, click topics.

The screenshot displays a user interface with two main sections: 'Learn' and 'Progress'. Each section is preceded by a laptop icon. The 'Learn' section contains four items: 'MC Browse Learning Content', 'MC Required Training', 'Topics', and 'More (3)'. The 'Topics' item is circled in purple. The 'Progress' section contains four items: 'My Transcript', 'In Progress', 'Not Started', and 'Waitlisted'. Each item has a right-pointing chevron icon.

Section	Item	Action
Learn	MC Browse Learning Content	>
	MC Required Training	>
	Topics	>
	More (3)	
Progress	My Transcript	>
	In Progress	>
	Not Started	>
	Waitlisted	>

4. Click on Career and Personal Development.

Topics



5. In the search bar, search MC Wellness then click on the Next Generation Wellness Program.

The screenshot shows a search bar at the top with the text "MC wellness" entered. Below the search bar is a "Saved Searches" section. On the left, there is a "Current Search" sidebar with a "Save" button, a "Clear All" button, and a section for "Access Type" with a checkbox for "Requires Enrollment (1)". The main search results area displays a card for the "Next Generation Wellness Program". The card includes a "Not Started" status, a description: "Montgomery College is committed to creating an environment that supports healthier lifestyles for employees. This program offers Fitness Center, Group Fitness Classes, Seminars, Lunch and Learns, Health Screenings etc. to help employees and their spouses mana ...", and a duration of "1 hour" with "63 enrolled".

Q MC wellness

Search

> Saved Searches

Current Search Save

Clear All

Access Type

Requires Enrollment (1)

Next Generation Wellness Program

Not Started

Montgomery College is committed to creating an environment that supports healthier lifestyles for employees. This program offers Fitness Center, Group Fitness Classes, Seminars, Lunch and Learns, Health Screenings etc. to help employees and their spouses mana ...

1 hour • 63 enrolled

6. Click Enroll

Next Generation Wellness Program

Montgomery College is committed to creating an environment that supports healthier lifestyles for employees.

This program offers Fitness Center, Group Fitness Classes, Seminars, Lunch and Learns, Health Screenings etc. to help employees and their spouses manage work-life balance.

[Show All](#) ▾

[Lessons in This Course](#)

[Additional Course Details](#)

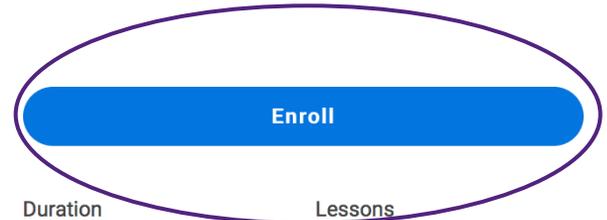
Lessons in This Course

Completed **0/1**

1 Next Generation Wellness

Please complete each section below. If all 4 forms are not submitted, your registration will be

Webinar



Duration

1 hour

Lessons

1

Delivery Mode

In-Person

CONTACTS



[India Hunter \[C\]](#)

Contact Person

[Show All \(2\)](#)